

Free Runners/Walkers Clinic

presented by

***RUNNER'S
EDGE*** 

"Your premier running and multi-sport source"

**Do you want to be ready for the
Marcum Workplace Challenge
on Tuesday, July 28 but don't know how to start?**

**We offer FREE New Runners/Walkers Clinics at your location!
Call Paul at Runner's Edge to schedule a convenient time!
516-420-7963**

- We'll show you the proper footwear and apparel to get started!
- Discuss proper nutrition/hydration/injury prevention
- Talk about a plan to help you complete the 3.5 mile distance!

All are welcome!

**15th Annual
MARCUM
WORKPLACE
CHALLENGE**

516-420-7963
www.runnersedgeny.com

Attention Team Captains: Please copy and distribute to your team!

Jump Start Your Training with...

15% OFF

your first purchase of footwear and apparel at



**RUNNER'S
EDGE**

"Your premier running and multi-sport source"

Training for the 2020...

15 th Annual

**MARCUM
WORKPLACE
CHALLENGE**

Get everything you need... including training tips and advice from the friendly and knowledgeable staff at the Runner's Edge. We are Long Island's premier source for all your running and triathlon needs.

Visit us today or shop online:

www.runnersedgeny.com

and use Coupon Code: [MARCUMCHALLENGE](#) at checkout for additional savings!

I'm participating as a part of the

team!

_____ (insert company name here)

Runner's Edge

242 Main Street • Farmingdale, NY 11735-2618

www.runnersedgeny.com

516-420-7963 or 1-877-RUN-EASY (877-786-3279) • Fax 516-420-9204 • Email: runneredge@aol.com

Store Hours: Mon-Wed and Fri-10:00 am-6:00 pm

Thurs-10:00 am-8:00 pm • Sat-10:00 am-5:00 pm • Sun-12:00 pm-4:00 pm

Please present flyer at time of purchase.

Expires July 28, 2020